

# Dobbs Ferry HS & MS

## MAY 2023 Breakfast Menu

Free & Reduced Applications available on DFSD website under meals and other payments.

01

Bacon, Eggs & Cheese on English Muffin  
Assorted Cereals  
Apple Sauce  
100% Juice  
Milk

02

Fresh Waffles w/Syrup  
Assorted Muffins  
Fresh Strawberries  
100% Juice

03

Bacon, Eggs & Cheese Wrap  
Assorted Muffins  
Applesauce  
Milk

04

Fresh Waffles w/Syrup  
Assorted Cereal  
Fresh Pears  
Milk

05

Stuffed French Toast w/Syrup  
Assorted Muffins  
Melon  
Milk

08

French Toast w/ Syrup  
Chicken Sausage  
Assorted Cereals  
Sweet Raisins  
100% Apple Juice  
Milk

09

Waffles w/ syrup  
Assorted Muffins  
Red Apple  
Orange Juice  
Milk

10

WG Donuts w/Cheese Stick  
Assorted Cereals  
Petite Banana  
100%Grape Juice  
Milk

11

Waffles/ Syrup  
Turkey bacon  
Assorted Cereals  
Apple Slices  
Milk

12

Sausage Egg & Cheese Biscuit  
Assorted Cereals  
Orange Wedge  
100% Orange Juice  
Milk

15

Bacon Egg & Cheese Wrap  
Assorted WG Muffins  
Sweet Raisins  
100% Fruit Juice  
Milk

16

Waffles w/ Syrup  
Assorted Cereals  
Apple Sauce  
100% Orange Juice  
Milk

17

Scrambled Eggs & Turkey Bacon  
Assorted Cereal  
Fresh Grapes  
Milk

18

Waffles w/ Syrup  
Turkey Bacon  
WG Muffins  
Apple Slices  
100% Orange Juice  
Milk

19

Sausage Eggs & Cheese Biscuit  
Assorted WG Muffins  
Orange Smiles  
100% Fruit Juice  
Milk

22

Pancakes w/ syrup  
Chicken Sausage  
Assorted Cereals  
Red Apple  
Milk

23

Waffles/ Syrup  
Assorted Cereals  
Assorted Muffins  
Petite Banana  
Milk

24

Bacon, Egg & Cheese Flatbread  
Banana Muffin  
Honeydew Melon  
100% Fruit Juice  
Milk

25

Waffles & Syrup  
Chicken Sausage  
Assorted Cereals  
Raisins  
100% Orange Juice  
Milk

26

Assorted Cereals  
Fresh Grapes  
100% Apple Juice  
Milk

29

**MEMORIAL DAY SCHOOLS CLOSED**

30

Fresh Waffles w/Syrup  
Assorted Muffins  
Pears  
Milk

31

Pancake w/Syrup  
Assorted Cereal  
Fresh Apples  
Milk

### More info... Daily Breakfast Offerings

Assorted Whole Grain Muffins (Banana, Blueberry, Chocolate Chip)  
Yogurt Parfait with Fresh fruit & Granola  
WG Reduced Sugar Cereals served with Cheese Stick  
Fresh Fruit & 100% Fruit Juice

**More info...** Any Questions or Concerns please contact FSD Denise Delpesh 914-693-1500 ext: 3011.

"If you have an allergy please speak to the owner, manager, chef or server."

**Paid breakfast price**  
**\$1.25**





# Dobbs Ferry High & Middle School May 2023 Lunch Menu

Fresh Salads and Deli Sandwiches

Made to Order Daily

Free & Reduced Applications available on DFSD website under meals and other payments.

01

Grill Cheese  
Baby Carrots  
Apple Slices  
Milk

02

Sweet & Sour  
Chicken w/Pasta  
Steamed Carrots  
Red Pepper Strips  
Orange Wedges  
Milk

03

Turkey Nacho w/Rice  
Black Beans  
Fresh Strawberries  
100% Fruit Juice  
Milk

04

Brunch  
Hash Brown  
Fresh Melon  
100% Fruit Juice  
Milk

05

Chicken Fried Rice  
Steamed Broccoli  
Orange Wedges  
100% Fruit Juice  
Milk

08

Chicken Nuggets  
w/Breadstick  
Red Apple  
100% Fruit Juice  
Milk

09

Meatball Sub  
Cauliflower  
Fresh Peas  
100% Fresh Fruit  
Milk

10

Beef Meat Sauce w/Pasta  
Celery Sticks  
Applesauce  
Orange  
Milk

11

Brunch  
Tater Tots  
Baby Carrots  
Fresh Strawberries  
100% Fruit Juice  
Milk

12

Chicken Alfredo  
Buttered Carrots  
Clementine  
100% Fruit Juice  
Milk

15

Mac & Cheese  
w/Breadstick  
Corn Salsa  
Honeydew Melon  
Milk

16

Popcorn Chicken  
Bowl  
Mix Veggie  
Apples  
Milk

17

Chicken Parm  
on/Bun  
Zucchini Squash  
Apple Slices  
Milk

18

Brunch  
Hash Brown  
Fresh Pears  
100% Fruit Juice  
Milk

19

BBQ Pulled Pork  
w/Cheese  
Orange Wedges  
100% Fruit Juice  
Milk

22

Hamburger or  
Cheeseburger  
Green Beans  
Tangerines  
100% Fruit Juice  
Milk

23

Chicken Balls  
w/Dipping Sauce  
French Fries  
Orange Wedges  
Milk

24

Cheesy Baked Ziti  
Breadstick  
Mix Veggie  
Fresh Fruit  
100% Juice  
Milk

25

Brunch  
Tater Tots  
Fresh Apples  
100% Fruit Juice  
Milk

26

Philly Cheese Steak  
Steamed Broccoli  
Melon  
100% Fruit Juice  
Milk

29

SCHOOLS CLOSED  
MEMORIAL DAY

30

Pizza Stick  
w/Dipping Sauce  
Roasted  
Cauliflower  
Melon  
100% Fruit Juice  
Milk

31

BBQ Chicken Rice  
Potato Salad  
Green Beans  
Fresh Strawberries  
100% Fruit Juice  
Milk

## More info... Offered Daily

Daily Pre-made Sandwich Selections: Turkey, Ham, Salami & Cheese  
Fruits & Veggies: Local NY Apples, Oranges, Bananas Carrots, Celery,  
Cucumber and Legume Salad

## More info... Daily Information: All meals Served with Choice of

1% milk, Fat Free Milk, Fat Free Chocolate Milk (Antibiotic & Hormone Free)

All Meals Offered with Fresh Fruit, 100% Fruit Juice and WG Dinner Rolls. Leafy Green Salads Served Daily