

Dobbs Ferry HS & MS

September 2022 Breakfast Menu

Free & Reduced Applications available on DFSD website under meals and other payments.

<p>Paid breakfast price \$1.25</p>		<p>WELCOME BACK!!!</p>	<p>1</p>	<p>Paid breakfast price \$1.25</p>
<p>5 Labor Day Schools Closed</p>	<p>6 French Toast w/ Syrup Chicken Sausage Assorted Cereals Petite Banana 100% Apple Juice Milk</p>	<p>7 Bacon, Egg & Cheese Flatbread Banana Muffin Watermelon Cubes 100% Fruit Juice Milk</p>	<p>8 Waffles w/ Syrup Turkey Bacon WG Muffins Apple Slices 100% Orange Juice Milk</p>	<p>9 Apple Frudel Assorted Cereals Fresh Grapes 100% Apple Juice Milk</p>
<p>12 French Toast Sticks w/ Syrup Turkey Bacon Assorted WG Muffins Orange Smiles 100% Fruit Juice Milk</p>	<p>13 Waffles & Syrup Chicken Sausage Assorted Cereals Raisins 100% Orange Juice Milk</p>	<p>14 Bacon Egg & Cheese on Roll Apple Cinnamon Muffins Honeydew Melon 100% Apple Juice Milk</p>	<p>15 Waffles w/ Syrup Turkey Bacon Assorted WG Cereals Red Apple 100% Orange Juice Milk</p>	<p>16 Cheese Omelet Blueberry Muffins Petite Banana 100% Apple Juice Milk</p>
<p>19 Fluffy Pancakes w/ Syrup Assorted WG Muffins 100% Orange Juice Apple Slices Milk</p>	<p>20 Waffles w/ Syrup Assorted Cereals Chocolate Chip Muffin Petite Banana 100% Apple Juice Milk</p>	<p>21 Bacon Egg & Cheese Wrap Assorted Muffins Cantaloupe Grape Juice Milk</p>	<p>22 Waffles w/ Syrup Assorted Cereals Apple Sauce 100% Orange Juice Milk</p>	<p>23 Breakfast Pizza Red Apple Assorted WG Muffins Orange Apple Juice Milk</p>
<p>26 Rosh Hashanah Schools Closed</p>	<p>27 Rosh Hashanah Schools Closed</p>	<p>28 Sausage Egg & Cheese Quesadilla Assorted Cereals Petite Banana 100% Grape Juice Milk</p>	<p>29 Waffles w/ Syrup Assorted Cereals Apple Cinnamon Muffin Fresh Blueberries 100% Apple Juice Milk</p>	<p>30 Sausage Egg & Cheese Biscuit Assorted Cereals Orange Wedge 100% Orange Juice Milk</p>

More info... Daily Breakfast Offerings

Assorted Whole Grain Muffins (Banana, Blueberry, Chocolate Chip)
Yogurt Parfait with Fresh fruit & Granola
WG Reduced Sugar Cereals served with Cheese Stick
Fresh Fruit & 100% Fruit Juice

. Earn while they learn! Looking for a part time job? Aramark, Dobbs Ferry's Food Service is now accepting applications! Contact Kathy Weinborg 914-693-1500 ext 3011.

More info... Any Questions or Concerns please contact FSD Kathy Weinborg 914-693-1500 ext: 3011.

"If you have an allergy please speak to the owner, manager, chef or server."



Dobbs Ferry High & Middle School September 2022 Lunch Menu

Fresh Salads and Deli Sandwiches

Made to Order Daily

Free & Reduced Applications available on DFSD website under meals and other payments.

**FREE & REDUCED
LUNCH NO CHARGE**

**PAID LUNCH
\$2.75**

Welcome Back!!

**FREE & REDUCED
LUNCH NO CHARGE**

**PAID LUNCH
\$2.75**

5

**Labor Day
Schools Closed**

6

Spaghetti & Meat sauce
Garlic Toast
Roast Garden Vegetables
Petite Banana
Apple Juice
Milk

7

Sweet & Sour Chicken
Plain Rice
Steamed Zucchini
Apple Slices
Milk

8

BRUNCH for LUNCH
French Toast Sticks
Sweet Potato Fries
Chicken Sausage
Celery Sticks
Watermelon
Milk

9

Burger Bar
Burgers
(including Vegetarian)
Lettuce, Tomato & Onion
Baked Fries
Apple Sauce
Milk

12

Macaroni & Cheese
Breadstick
Green Beans
Raisins
Orange Juice
Milk

13

Chicken Potato Gravy
Bowl
Baked Beans
Honeydew Melon
Milk

14

Rotini w/ Meat Sauce
Dinner Roll
Broccoli Florets
Petite Banana
Milk

15

Chicken Tenders
BBQ Sauce
Roast Cauliflower
Cucumber Slices
Broccoli
Red Apple
Milk

16

Chili Fries W/ Tortilla
Chips
Black Bean Salad
Sweet Grapes
Milk

19

Chicken Pasta Alfredo
Garlic Toast
Baby Carrots
Apple Slices
Milk

20

Beef Nachos w/
Cheese Sauce
Kickin Pinto Beans
Mexicali Corn
Red Pepper Strips
Petite Banana
Milk

21

Chicken Patty on Bun
Baked Fries
Green Beans &
Carrots
Fresh Blueberries
Milk

22

Meatball Parmesan
Hero
Broccoli Florets
Orange Wedges
Milk

23

Pizza Sticks w/ Tomato
Dipping Sauce
Dinner Roll
Roasted Zucchini
Sweet Raisins
Milk

26

**Rosh Hashanah
Schools Closed**

27

**Rosh Hashanah
Schools Closed**

28

Fish patty on Bun
Baked Fries
Coleslaw w/ Craisins
Apple Sauce
Milk

29

Pancakes w/ Syrup
Hash Brown
Chicken Sausage
Baby Carrots
Petite Banana
Milk

30

BBQ Chicken Mac &
Cheese
Cucumber Slices
Fresh Peach
Milk

More info... Offered Daily

Daily Pre-made Sandwich Selections: Turkey, Ham, Salami & Cheese
Fruits & Veggies: Local NY Apples, Oranges, Bananas Carrots, Celery,
Cucumber and Legume Salad

More info... Daily Information: All meals Served with Choice of 1% milk, Fat Free Milk, Fat Free Chocolate Milk (Antibiotic & Hormone Free)

All Meals Offered with Fresh Fruit, 100% Fruit Juice and WG Dinner
Rolls. Leafy Green Salads Served Daily