



# Dobbs Ferry High & Middle School Café Lunch Menu September 2020

**Welcome Back!!!**

1

**So happy to see you again!**

2

**Breakfast Service**  
Mon, Tues, Thurs, Fri  
7:30am- 9:30am  
Students must enter through HS/Commons area starting at 7:50am for breakfast!

3

**Lunch Service**  
Mon, Tues, Thurs, Fri  
11am-1pm  
Wednesdays, only on shortened week!

4

**Curbside Pickup is again available:**  
Monday, Tuesday and Thursdays 9am - 10:30am, but you must sign up online.  
Thank you!

7

**Labor Day Schools Closed**

8

Chicken Patty On Bun  
Cheese/ Pepperoni Pizza  
Chicken Caesar Salad  
Ham & American on Bun  
Breaded Chicken Wrap w/ Bacon  
Fresh Broccoli  
Petite Banana

9

Hamburger or Cheeseburger  
Baked Fries  
Chicken Caesar Salad  
Turkey & American on Bun  
Chicken Wrap  
Baby Carrots Red Apple

10

Grilled Cheese  
Cheese or Meatlovers Pizza  
Spinach Salad (Red Onion, Bacon & HB Egg)  
Roast Beef/ Ham & Cheddar on Roll  
Cucumber Slices  
Apple Wedges

11

Chicken Tenders  
Baked Fries  
Cheese or Pepperoni Pizza  
Chef Salad  
3 Cheese Sandwich  
Breaded Chicken Wrap  
Baby Carrots  
Apple Juice

14

Macaroni & Cheese  
WG Roll  
Cheese or Pepperoni Pizza  
Popcorn Chicken Salad  
Ham & Cheese Sandwich  
Seasoned Corn  
Red Apple

15

Loaded Tater Tots w/ Chicken Pieces  
Garlic Toast  
Cheese & Sausage Pizza  
Turkey Chef Salad  
Breaded Chicken Wrap  
Petite Banana

16

17

Chicken Fajita Wrap  
Charro Beans  
Cheese or Pepperoni Pizza  
Buffalo Chicken Salad  
Turkey & Cheese Sandwich  
Apple Sauce

18

Spaghetti & Meatballs  
Cheese & Meatlovers Pizza  
Chicken Caesar Salad  
Breaded Chicken Wrap  
Zucchini Squash  
Watermelon Cubes  
Apple Juice

21

Chicken Tenders  
Baked Fries  
Cheese or Pepperoni Pizza  
Breaded Chicken Wrap  
Ham Chef Salad  
Creamy Cole Slaw  
Baby Carrots  
Red Apple

22

Kickin Bean & Beef  
Tortilla Bowl  
Cheese or Vegetable Pizza  
Salami & Cheese Sandwich  
Chicken Caesar Salad  
Red Pepper Strips  
Melon Wedges

23

24

French Toast  
Syrup  
Hash Brown  
Chicken Sausage Patty  
Cheese or Meatlovers Pizza  
Chicken Wrap  
Beef Taco Salad  
Celery Sticks, Apple Slices

25

Chicken Parmesan  
Flatbread  
Tater Tots  
Cheese or Pepperoni Pizza  
Tuna Salad on Roll  
Hummus & Garden Vegetables  
Tomato & Cucumber Salad  
Orange Smiles

28

**Yom Kippur Schools Closed**

29

Italian Meatball Sub  
Cheese or Pepperoni Pizza  
Breaded Chicken Wrap  
Turkey Chef salad  
Green Beans  
Red Apple

30

Baked Ziti  
Garlic Bread  
Cheese or MeatLovers Pizza  
Roast Beef & Cheddar on Bun  
Diced Chicken Caesar Salad  
Zucchini Squash  
Tomato Wedges

1

Turkey & Cheese Soft Tacos  
Cheese or Meatball Pizza  
BBQ Chicken & Cheddar Wrap  
Garden Vegetable Salad  
Sweet Corn  
Honeydew

2

Hamburgers/ Cheeseburgers  
Tater Tots  
Cheese or Pepperoni Pizza  
Chicken Caesar Salad  
Chicken Wrap w/ Bacon & Ranch  
Broccoli Florets  
Orange

**More info... Offered Daily**

Pizza Selection Daily: Cheese and either Pepperoni (P) Meatlovers, Sausage or Meatball  
Fruits & Veggies: Local NY Apples, Oranges, Bananas Carrots, Celery, Cucumber and Legume Salad

**More info... Daily Information: All meals Served with Choice of**

1% milk, Fat Free Milk, Fat Free Chocolate Milk (Antibiotic & Hormone Free)  
All Meals Offered with Fresh Fruit, 100% Fruit Juice and WG Dinner Rolls. Leafy Green Salads Served Daily



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31

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Schools Closed**

8

Bacon, Egg & Cheese  
Quesadilla or  
Chocolate Chip Muffin  
HB Egg  
Orange wedges  
4 oz. 100% Orange  
Juice  
Milk

##

9

Chicken Sausage &  
Cheese Biscuit or  
Cherrios Graham  
Crackers  
Petite Banana  
4 oz. 100% Apple  
Juice  
Milk

10

Pancakes & Syrup or  
Bagel, Cream Cheese,  
HB Egg  
Apple Slices  
4oz. 100% Orange  
Juice  
Milk

11

Turkey Bacon, Egg &  
Cheese on Roll or  
Rice Krispies  
Graham Crackers  
Raisins  
4 oz. 100% Apple  
Juice  
Milk

14

Apple Frudel  
Or  
Bagel, Cream Cheese  
,HB Egg  
Apple Sauce  
4 oz 100% Fruit Juice  
Milk

15

Chicken Sausage &  
Cheese on English  
Muffin or  
Honey Nut Cherrios  
Graham Crackers  
Orange Wedges  
4 oz 100% Fruit Juice  
Milk

16

17

WG Waffles w/ Syrup  
Or  
Rice Krispies  
Graham Crackers  
Apple Slices  
Milk

18

Strawberry & Cantaloupe  
Parfait  
Or Cinni Mini Pastry Stick  
Crackers  
Raisins  
100% Apple Juice  
Milk

21

Bacon, Egg & Cheese on  
Roll  
Or Honey Nut Cherrios  
Graham Crackers  
Apple Sauce  
100% Fruit Juice  
Milk

22

French Toast Sticks w/  
Syrup or Banana  
Muffin  
HB Egg  
Orange Wedges  
100% Fruit Juice  
Milk

23

24

WG Waffles w/ Syrup  
Or Strawberry/  
Banana Danimals  
Animal Crackers  
Fresh Strawberries  
100% Orange Juice  
Milk

25

Breakfast Pizza or  
Blueberry Banana  
Smoothie  
Sweet Grapes  
100% Apple Juice  
Milk

28

**Yom Kippur  
Schools Closed**

29

Bacon Egg & Cheese  
Quesadilla or  
Cherrios  
Graham Crackers  
Petite Banana  
100% Orange Juice  
Milk

30

Pancakes w/ Syrup  
Or Bagel Filled w/  
Cinnamon Cream  
Sweet Grapes  
100% Apple Juice

1

WG Waffles w/ Syrup  
Or Blueberry Muffin  
Graham Crackers  
Apple Slices  
100% Orange Juice  
Milk

2

Chicken Sausage &  
Cheese on Roll  
Or Strawberry Parfait  
Graham Crackers  
Raisins  
100% Apple Juice  
Milk

## More info...Daily Breakfast Offerings

Assorted Whole Grain Muffins (Banana, Blueberry, Chocolate Chip)  
Yogurt Parfait with Fresh fruit & Granola  
WG Reduced Sugar Cereals served with Cheese Stick  
Fresh Fruit & 100% Fruit Juice

## More info...

Any Questions or Concerns please contact FSD Kathy  
Weinborg 914-693-1500 ext: 3011.

"If you have an allergy please speak to the owner, manager,  
chef or server."