

## **SEL Health/Wellness Progress Report, July 9, 2020**

- **Priorities Agreed Upon for this Committee:**
  - Create an SEL Health/Wellness resource database for students, staff and families
  - Identify a universal screener to measure social, emotional, and behavioral functioning and identify students at risk or in need of interventions
  - Create and implement professional development for staff to address social-emotional well-being of students and staff
    - Mindfulness
    - Relaxation techniques
    - Stress management
    - Meditation
    - Anxiety
    - Virtually and in person
  - Provide ongoing, meaningful and positive social interactions for students
    - Virtually and In-person
    - School spirit and individual
  - Establish procedures for requesting assistance
    - For families, students, staff
    - Clearly defined roles and responsibilities
    - Clearly defined interventions
    - Progress monitoring
    - How will this be communicated with all stakeholders?
- **Committee members shared experiences related to SEL, health, wellness during remote learning**
  - Strengths
  - Challenges
- **Dr. Brady will reach out to try to get some teachers added to this committee; teachers are often the “first line of defense” in terms of student SEL needs**
- **Future work:**
  - Review results of Panorama Survey that assessed SEL for students in grades 3-12
  - Cross-reference survey results with strengths and challenges identified above to determine next steps for committee work