

SEL Health/Wellness Committee Progress Report, July 23, 2020

- Committee using CASEL's "SEL Roadmap for Reopening School" as a framework for our reopening strategies:
 - <https://casel.org/reopening-with-sel/>
 - 4 "SEL Critical Practices" in this framework
- Committee developed action items for each of these 4 SEL Critical Practices
 - **SEL Critical Practice 1: "*Take time to cultivate and deepen relationships, build partnerships, and plan for SEL*" Action Items:**
 - Using a tiered approach, make sure every single child has a caring relationship with at least one school adult
 - That adult monitors mental health, support needs, etc.
 - Equitable family engagement
 - Universally accessible webinar series for parents about SEL topics
 - Increased support for high-need families
 - Engage mental health professionals from community for partnership in range of ways
 - Have school adults run ongoing small groups of students using evidence-based practices for:
 - mental health support/first aid
 - anti-racism/bias training
 - **SEL Critical Practice 2: "*Design opportunities where adults can connect, heal, and build their capacity to support students*" Action Items:**
 - **Superintendent Conference Day:**
 - Present SEL framework to all staff members
 - Discuss expectations regarding how to prioritize SEL in the first two months of the school year
 - Develop shared agreements
 - Discuss the impact of both Covid-19 and Racial Injustice and outline plan for staff as to how this will be addressed throughout the school year
 - **Building Level Meetings:**
 - Address specific strategies by developmental level regarding SEL, mindfulness and self-care
 - Discuss building-level supports for staff
 - Review strategies and supports that staff can use to promote SEL and develop relationships:
 - Class expectations
 - Morning meetings
 - Mindfulness strategies
 - Scripts to promote safe discussions about Covid-19 and racism
 - Providing teachers with self-care strategies and retreat opportunities when teaching
 - **Teacher Surveys:**
 - To be sent in August to all staff
 - Teacher survey assessing trauma
 - Teacher survey assessing self care
 - Teacher survey assessing social emotional skills
 - Data used to develop upcoming PD

- **SEL Critical Practice 3: “*Create safe, supportive, and equitable learning environments that promote all students’ social and emotional development*” Action Items:**
 - Conduct universal screening to identify and support students in need
 - Provide students and staff with specific strategies to encourage relationship building and feel connected to others
 - Create opportunities for non academic interactions that will help build relationships and community
 - Create “toolbox” for teachers to support students, staff and families (race, ethnicity, equity, anxiety, loss)
 - Revise existing protocols for MTSS referrals

- **SEL Critical Practice 4: “*Use data as an opportunity to share power, deepen relationships, and continuously improve support for students, families, and staff*” Action Items:**
 - Baseline data collection re: environment/connection from students and parents
 - Survey related to SEL; careful choice of survey to collect the best information
 - Instagram/allowing students to plan events that allow connection
 - Look for more ways to connect students to help students who are feeling disengaged
 - Transition students back to a “new way” of schooling
 - Videos and other preparations to prepare students to come back

- **Next Steps:**
 - Committee will reevaluate strategies based on the reopening strategy set forth by the District and begin to identify resources and timelines for implementation.